

KOSHO LOÏC VUILLEMIN MISSION MAN - TEAM LEADING ASSET



<https://deepzen.net> | +201004310073 | kosho.loic@gmail.com

Project enthusiast, appetite for challenges, transmission of knowledge and achievements. Certified zen master, public speaker, first aid expert, freedive instructor trainer and record holder competition athlete with more than decade of experience in the management of retreat/holiday/education centers, events organisation and team work leading. Problem solver, safety and customer-service oriented, marketing and communication asset. Keen to study all collaborations opportunities in the fields of well being, sports, ocean conservation, global awareness and adventures.

QUALIFICATIONS

Written content creation (FR/ENG)
Team leading and management
Underwater filming & video editing
Independent worker
Regulations & laws

Speak French, English & Spanish
Office, Powerpoint
Social networks, Wix websites
Safety, rescue & emergency procedures
Notions of Dutch and German

Good notions of electricity, mechanics, welding, plummery
Vegetarian, cooks well
Good skills of massage
Intelligent, fast learner

WORKING EXPERIENCE

FREELANCE / SELF EMPLOYED: AIDA | PADI |EFR INSTRUCTOR | MEDITATION TEACHER at "DEEP ZEN MEDITATION & FREEDIVING" – WORLDWIDE - AUGUST 2018 to PRESENT DAY

Teaching freediving (all AIDA levels until instructors), individual coaching and guidance, pranayama and meditation classes. Workshops, conferences and online sessions. Social network promotion, website creation and project development, crowdfunding and sponsoring requests. Local regulations and safety procedures.

YOUTH PROGRAM OFFICER – VOLUNTEER JOB at AIDA INTERNATIONAL – HOME ONLINE - FEB 2020 to JUNE 2020

In charge of overall evaluation and public development of a water safety course developed for children. Build and lead a thinktank, provide reviews to the leading board, participate to their meetings and advice options.

FREEDIVE INSTRUCTOR - PROFESSIONAL SAFETY DIVER at "ONLYONE APNEA CENTER" - SHARM EL SHEIKH, EGYPT – MAY 2019 to OCTOBER 2019

Providing support, coaching and safety to athletes, teaching freediving skills (AIDA courses & custom lessons) to individuals and groups (on land + confined and open water courses), communication, underwater filming.

FREEDIVE INSTRUCTOR - PROFESSIONAL SAFETY DIVER - MANAGER; "FREEDIVINGWORLD" - SHARM EL SHEIKH, EGYPT - NOV. 2018 to MAI 2019

In water technical maintenance of freediving installations, insuring safety to athletes, teaching freediving skills (AIDA courses & custom lessons) to individuals and groups (on land + confined and open water courses), assuming overall management of the school, leading and forming staff, communication, social network and computer work.

AIDA INSTRUCTOR; "OCEAN PRANA" - BALI, INDONESIA - FEB. 2018 to APRIL 2018

Teaching aida1-3 students, organising and leading coached dives, snorkeling excursions, pranayama and meditation classes and specific equalisation workshops for beginners. Shop maintenance, online booking of

courses. Video and photos edition, advertising and handling social networks for promotion.

MANAGER - "RETREAT CENTER YUJONYUSANJI" – FRANCE - NOV. 2005 to SEPT. 2017

In charge of the creation, overall management, administration and technical maintenance of a retreat center. Successfully led key projects with local authorities which resulted into significant financial growth for the community, long term nature protection collaborations, safety and accessibility NF/EU normalisation of the center. Provided onsite trainings. Produced numerous executive reports and presentations. Negotiated contracts with various affiliated enterprises.

ASSOCIATE CEO - "BIOTECHNOZEN" – MONTPELLIER - JUN. 2008 to JUN. 2012

In associative command of French SARL, reseller of alternative medicine devices, therapeutic services, custom craftworks and dietary supplements. Administrative accounting, optimized SEO html websites, research and development, patenting.

EMPLOYEE & ADMINISTRATIVE ASSISTANT - "TACO VERHUIZING" – AMSTERDAM - FEB. 2004 to JUNE 2005

Scheduling appointments and phone reception in French, Spanish and English; driver & administrative computer work. Successful participation in the financial growth and notoriety of the company.

ASSISTANT - FUNDAMENTAL RESEARCHER - "UNIVERSITY OF GENEVA" – SWITZERLAND - OCT. 2001 to FEB. 2003

In charge of a scientific research project on plants biochemistry and physiology supported by the Swiss government. Designed and provided new creative practical works for university students. Budget management.

POLYVALENT EMPLOYEE - "VARIOUS WORK AGENCIES" - SWITZERLAND - JUL. 1994 to AUG. 1998

Work missions in different fields: roof building, electricity, plumbing, vehicles maintenance, wood and stone building, gardening, cooking, agro-alimentary conditioning, security, babysitting, inventory, driver-deliverer, house moving

PROFESSIONAL CERTIFICATIONS

GREEN FINS, INTL

CDWS, EGYPT

AIDA, AIDA BOARD, INTL

AIDA, AIDA BOARD, INTL

AIDA, AIDA BOARD, INTL

AIDA, BRIAN CROSSLAND, EGYPT

PADI, RENEE BLUNDON, EGYPT

EFR, RENEE BLUNDON, EGYPT

PSF, VB EDUCATION, EGYPT

SUSV-FSSS, SWITZERLAND

PIM VERMEULEN, EGYPT

DAHAB FREEDIVERS, EGYPT

DAHAB FREEDIVERS, EGYPT

RED CROSS, FRANCE

IBIZA FREEDIVING, SPAIN

PADI, RISAS DIVING, MEXICO

ZEN DESHIMARU, KOSEN ROSHI

SERMI & CAP FLAM, FRANCE

ZEN DESHIMARU, KOSEN ROSHI

ECO DIVE GUIDE (E-course), 2022

DIVE GUIDE, 2022

AIDA INSTRUCTOR TRAINER, 2022

AIDA MASTER INSTRUCTOR, 2021

AIDA YOUTH INSTRUCTOR TRAINER, 2020

AIDA YOUTH INSTRUCTOR (E-course), 2020

PADI FREEDIVER INSTRUCTOR, 2019

EFR INSTRUCTOR, 2019

PROFESSIONAL SAFETY FREEDIVER, 2019

AIDA & CMAS COMPETITION LICENCE, 2018, 2019, 2020

AIDA JUDGE, 2017

FREEDIVING AIDA INSTRUCTOR, 2017

EFR CERTIFICATION, 2016

FIRST AID CERTIFICATION, 2016 & 2018

FREEDIVING LICENCE, 2015

ADVANCED PADI SCUBADIVER, 2014

ZEN MASTER CERTIFICATION, 2013

PUBLIC EMERGENCY PROCEDURES, 2009-2017

ZEN MONK ORDINATION, 1997

EDUCATION

UNIVERSITY OF GENEVA, SWITZERLAND — MASTER OF SCIENCE, 2002

Molecular biology, plant biochemistry, biotechnology and bioinformatics

With distinction: best student on graduation palmares

UNIVERSITY OF NEUCHATEL, SWITZERLAND — COURSES CERTIFICATE, 1997

Archeology, psychology, ethnobotanics

UNIVERSITY OF LAUSANNE, SWITZERLAND — COURSES CERTIFICATE, 1996

Faculty of Medicine

CESSOUEST, SWITZERLAND - MATURITY CERTIFICATE, 1995

Latin and Greek

With distinction: initiative, human relationships and school development price

ADDITIONAL INFORMATIONS

Married, father of a healthy daughter. Holder of multiple records in depth freediving. Practice running, cycling and yoga. Open personality and easy going attitude, yet strict and ethical. Good notions of anatomy, botanics and alternative medicines. Visited Switzerland, USA, Canada, France, Italy, Spain, Mexico, Holland, Thailand, Argentina, Indonesia and Egypt

Palmarès : <https://www.deepzen.net/loic-kosho-vuillemin-palmares>

Extended Curriculum : <https://www.deepzen.net/kosho-loic-vuillemin>

Press book : <https://www.deepzen.net/press-releases>