



AIDA3 ADVANCED FREEDIVER COURSE COMPLETION FORM

Each section must be signed and dated by an ACTIVE AIDA Instructor. To continue training, any new section must be begun within twelve months of the most recent signature on the form.

	Name:			AIDA2 or C/O : <input type="checkbox"/>	DOB(Age):
	Training unit	Date	Instructor	Comments	
CLASSROOM	Medical Statement				
	Liability Release				
	O ₂ , CO ₂ Tables				
	Exam(Score: ___ / 100)				
CONFINED WATER	STA Buddying				
	STA \geq 2'45" ___' ___"				
	STA Rescue				
	DYN Buoyancy				
	DYN CO ₂ Table				
	DYN Buddying				
	DYN Finning				
	DYN \geq 55m ___m				
	DYN Rescue				
OPEN WATER	Neutral Buoyancy				
	Lanyard Quick release				
	Controlled Turn				
	Loss of mask -10m				
	Arms-only ascent -15m				
	CWT Line orientation				
	CWT Finning				
	CWT Buddying				
	CWT \geq 24-30m ___m				
	Free-Fall				
	Frenzel Equalization				
	Surface rescue				
	50m tow				
Rescue 10-15m					

Course Completed

Place: _____

Date: _____

Student

Name: _____

Signature: _____

Parent/Guardian: _____

Signature: _____

Certifying Instructor

Name: _____

Signature: _____

